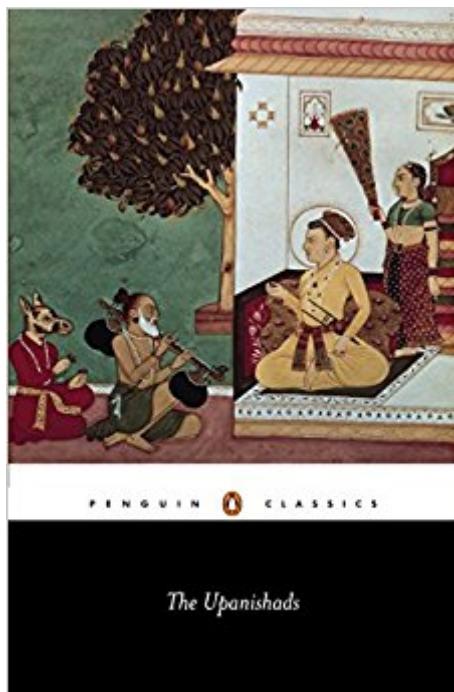


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The Upanishads (Penguin Classics)



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The poetic backbone of Hinduism, the millennia-old Upanishads transcend time. The selections offered here illuminate a path that is as "narrow as the edge of a razor" but pregnant with freedom and bliss. Through vivid metaphors and timeless prose, learn how the path of yoga leads beyond the treacherous web of karma to the final, blissful union of the personal soul, atman, with the

universal soul, Brahman.

Juan Mascaró was born in Majorca, and later studied modern and oriental languages, Sanskrit, Pali and English at Cambridge University. He died in 1987, and was lauded as a great translator of our time.

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